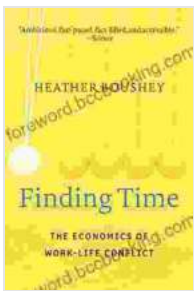


Finding Time: The Economics of Work-Life Conflict

In today's fast-paced world, it seems like everyone is struggling to find time. We're constantly bombarded with demands from our jobs, our families, and our personal lives. It can feel like there's never enough time to get everything done, and we're constantly feeling stressed and overwhelmed.



Finding Time: The Economics of Work-Life Conflict

by Heather Boushey

★★★★☆ 4.4 out of 5

Language : English
File size : 6258 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 354 pages



But what if there was a way to find more time? What if there was a way to create a more balanced and fulfilling life?

In her groundbreaking book, *Finding Time*, economist Juliet Schor offers a comprehensive analysis of the factors that contribute to work-life conflict. She argues that the problem is not simply a matter of personal time management. Rather, it is a structural problem that is rooted in the way our economy is organized.

Schor identifies three main factors that contribute to work-life conflict:

1. **The long work hours culture.** In the United States, the average worker puts in more than 40 hours per week. This is significantly more than workers in other developed countries.
2. **The lack of paid time off.** The United States is one of the only developed countries that does not guarantee its workers paid time off. This makes it difficult for workers to take time off to care for their families or to pursue personal interests.
3. **The gender wage gap.** Women earn less than men on average, which means that they are more likely to have to work multiple jobs to make ends meet. This can make it difficult for women to find time for their families and themselves.

Schor argues that these factors create a system that is biased against workers and families. She calls for a number of 政策 changes to address the problem, including:

- Reducing the work week to 35 hours.
- Guaranteeing all workers paid time off.
- Closing the gender wage gap.

Schor's book is a must-read for anyone who is struggling to find time. She provides a clear and concise analysis of the problem, and she offers practical solutions for overcoming it. *Finding Time* is a powerful indictment of the current system and a call for change.

Praise for *Finding Time*

"Juliet Schor has written a brilliant and important book. *Finding Time* is a must-read for anyone who is concerned about the state of work and family in America." — **Arlie Hochschild, author of *The Second Shift***

"Schor's book is a powerful indictment of the current system and a call for change. *Finding Time* is essential reading for anyone who wants to create a more balanced and fulfilling life." — **Robert Reich, former U.S. Secretary of Labor**

Free Download your copy of *Finding Time* today!

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