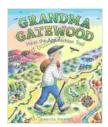
# Grandma Gatewood: The Appalachian Trail Pioneer



#### **Grandma Gatewood Hikes the Appalachian Trail**

by Jennifer Thermes

**★** ★ ★ ★ 4.8 out of 5

Language: English
File size: 86704 KB
Print length: 48 pages
Lending: Enabled



Grandma Gatewood was a remarkable woman. She was the first woman to hike the entire Appalachian Trail solo, and she did it at the age of 67. Her story is one of courage, determination, and adventure.

Gatewood was born in 1899 in Ohio. She grew up in a poor family and had little formal education. She married at the age of 19 and had 11 children. In her early 60s, Gatewood's husband left her for another woman. Devastated, Gatewood decided to hike the Appalachian Trail to get away from it all.

Gatewood had never hiked before, but she was determined to complete the trail. She set off in March 1955 with a backpack full of food and supplies. She hiked for months, sleeping in shelters and lean-tos along the way. She faced many challenges along the trail, including bad weather, difficult terrain, and loneliness. But she never gave up.

Gatewood completed the Appalachian Trail in September 1955, becoming the first woman to do so solo. She was 67 years old.

Gatewood's story is an inspiration to us all. It shows us that anything is possible if we set our minds to it. She is a reminder that we should never give up on our dreams, no matter how old we are.

#### **Grandma Gatewood's Legacy**

Gatewood's legacy lives on today. She is a role model for hikers of all ages and abilities. She has inspired countless people to get outdoors and experience the beauty of the Appalachian Trail.

In 1994, the Appalachian Trail Conservancy created the Grandma Gatewood Award. The award is given annually to a woman who has made a significant contribution to the Appalachian Trail community.

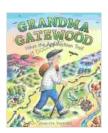
Gatewood's story continues to be told and retold. She is a reminder that we can all achieve great things if we set our minds to it.

### The Book: Grandma Gatewood Hikes The Appalachian Trail

The book "Grandma Gatewood Hikes The Appalachian Trail" is a biography of Gatewood written by Ben Montgomery. The book tells the story of Gatewood's life and her hike of the Appalachian Trail. It is a fascinating and inspiring read for anyone who loves hiking, adventure, or history.

The book is available in hardcover, paperback, and ebook formats. You can Free Download the book from Our Book Library, Barnes & Noble, or your local bookstore.

Grandma Gatewood was a remarkable woman who inspired countless people. Her story is a reminder that anything is possible if we set our minds to it. The book "Grandma Gatewood Hikes The Appalachian Trail" is a fascinating and inspiring read for anyone who loves hiking, adventure, or history.



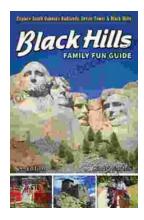
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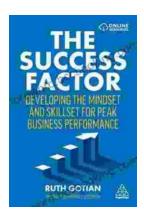
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