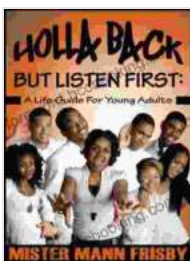


Holla Back But Listen First: The Power of Radical Listening



Holla Back...But Listen First by Helen K Emms

★★★★★ 5 out of 5

Language : English
File size : 652 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 130 pages
Lending : Enabled

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In a world where everyone is talking, but no one is listening, *Holla Back But Listen First* offers a refreshing and much-needed antidote. This book will teach you how to listen with empathy, compassion, and understanding, and how to use this powerful skill to build stronger relationships, resolve conflicts, and create a more just and equitable world.

Author Tricia Hersey, a renowned speaker and facilitator, draws on her own experiences and the wisdom of others to provide a practical guide to radical listening. She shows us how to:

- Create a safe and welcoming space for listening
- Listen without judgment or interruption
- Reflect back what we hear to ensure understanding
- Ask clarifying questions
- Use our listening skills to build empathy and compassion

Holla Back But Listen First is not just a book about listening. It's a call to action. It's a challenge to us to be more present, more attentive, and more compassionate in our interactions with others. It's a reminder that listening is a powerful tool that can be used to create a better world.

What people are saying about *Holla Back But Listen First*:



“ "Holla Back But Listen First is a must-read for anyone who wants to improve their communication skills. Tricia Hersey

provides a clear and concise guide to radical listening, and she offers practical tips that can be used in any situation." ”

- Brené Brown, author of Dare to Lead



" "This book is a gift. Tricia Hersey has written a powerful and inspiring guide to the art of listening. Holla Back But Listen First will help you to build stronger relationships, resolve conflicts, and create a more just and equitable world." ”

- Tarana Burke, founder of the #MeToo movement



" "Holla Back But Listen First is a timely and important book. Tricia Hersey's insights on radical listening are essential for anyone who wants to create a more just and compassionate world." ”

- Van Jones, CNN commentator and author of The Green Collar Economy

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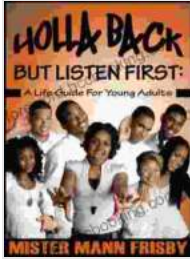
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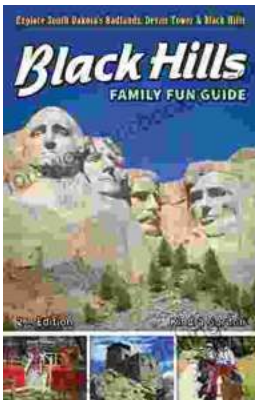
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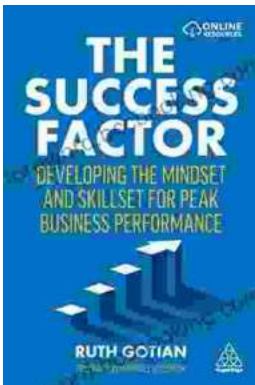


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