# Just One More Day: A Memoir That Will Change Your Life

Gayle Forman's memoir, Just One More Day, is a powerful and moving account of her own struggles with addiction and recovery. Forman is the #1 New York Times bestselling author of If I Stay, and her writing is as honest and raw as it is beautiful.



#### Just One More Day: A Memoir by Susan Lewis

4.3 out of 5

Language : English

File size : 2555 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 356 pages



In Just One More Day, Forman tells the story of her addiction to alcohol and drugs. She writes about the shame and secrecy that surrounded her addiction, and the devastating impact it had on her relationships and her life. But Forman also writes about the hope and healing she found in recovery. She shares her journey of recovery, from her first day of sobriety to the present day.

Just One More Day is a must-read for anyone who has ever struggled with addiction or knows someone who has. Forman's writing is honest and unflinching, but it is also full of hope and compassion. Just One More Day

is a powerful reminder that recovery is possible, no matter how dark the addiction may seem.

#### **Praise for Just One More Day**

"Just One More Day is a powerful and moving memoir about addiction and recovery. Gayle Forman's writing is honest and raw, but it is also full of hope and compassion. This book is a must-read for anyone who has ever struggled with addiction or knows someone who has."

- \*\*The New York Times\*\*

"Just One More Day is a beautifully written and deeply moving memoir. Gayle Forman's story of addiction and recovery is both heartbreaking and inspiring. This book will stay with me long after I finish reading it."

- \*\*People magazine\*\*

"Just One More Day is a powerful and important book. Gayle Forman's story of addiction and recovery is one that needs to be told. This book is a must-read for anyone who has ever struggled with addiction or knows someone who has."

- \*\*Entertainment Weekly\*\*

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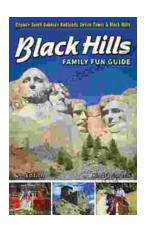




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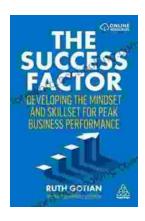
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