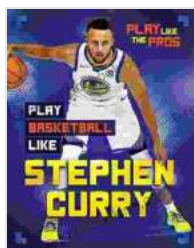


Play Basketball Like Stephen Curry: The Ultimate Guide to Mastering the Art of the Game

Stephen Curry is widely regarded as the greatest shooter in NBA history. His ability to shoot the ball with incredible accuracy and range has revolutionized the game of basketball. If you're an aspiring basketball player who wants to play like Stephen Curry, this guide will provide you with the knowledge and techniques you need to elevate your game to new heights.



Play Basketball Like Stephen Curry (Play Like the Pros)

by Heather E. Schwartz

★★★★☆ 4.8 out of 5

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Shooting Like Stephen Curry

Curry's shooting form is one of the most efficient and effective in the NBA. He uses a high release point, a quick release, and a consistent follow-through. To shoot like Curry, practice these techniques regularly:

- **High release point:** Curry releases the ball at a high point, which gives him a better chance of clearing defenders. To improve your

release point, practice shooting with your elbow above your shoulder.

- **Quick release:** Curry has one of the quickest releases in the NBA. This allows him to get the ball off before defenders can close out on him. To improve your release speed, practice shooting with a metronome or a partner who is guarding you.
- **Consistent follow-through:** Curry always follows through with his shot, which helps to ensure accuracy. To improve your follow-through, practice shooting with your hand finishing above your head.

Dribbling Like Stephen Curry

Curry is also an exceptional dribbler. He uses a combination of speed, agility, and ball handling skills to create space and get to the basket. To dribble like Curry, focus on these techniques:

- **Speed:** Curry is one of the fastest players in the NBA. He uses his speed to blow by defenders and create scoring opportunities. To improve your speed, practice dribbling drills that focus on acceleration and quick changes of direction.
- **Agility:** Curry is also very agile. He can change direction quickly and easily, which makes him difficult to guard. To improve your agility, practice dribbling drills that require you to move laterally and make quick cuts.
- **Ball handling:** Curry has excellent ball handling skills. He can dribble the ball with both hands, behind his back, and between his legs. To improve your ball handling skills, practice dribbling drills that focus on ball control, hand-eye coordination, and quick moves.

Playing Like a Pro

In addition to shooting and dribbling, there are other aspects of the game that you need to master if you want to play like Stephen Curry. These include:

- **Basketball IQ:** Curry has a high basketball IQ. He understands the game of basketball and can make quick decisions on the court. To improve your basketball IQ, study the game, watch film, and talk to coaches and experienced players.
- **Teamwork:** Curry is a team player. He knows how to work with his teammates to create scoring opportunities. To improve your teamwork skills, practice passing, screening, and working together with your teammates.
- **Confidence:** Curry is a confident player. He believes in his abilities and is not afraid to take big shots. To improve your confidence, set realistic goals for yourself and work hard to achieve them. Also, don't be afraid to make mistakes. Everyone makes mistakes, but it's important to learn from them and move on.

Playing basketball like Stephen Curry requires a combination of skill, hard work, and dedication. By



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