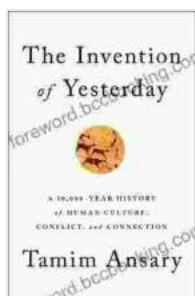


The Invention of Yesterday: A Journey Through Time and Memory

By Dr. Tammet

In his groundbreaking new book, Dr. Tammet takes us on an extraordinary journey through time and memory, exploring the ways in which we remember, forget, and shape our past.

Drawing on cutting-edge research in neuroscience, psychology, and history, Dr. Tammet reveals the surprising truth about memory: that it is not a passive recording of the past, but rather an active process of creation. We constantly reconstruct our memories, shaping them to fit our current beliefs and desires.



The Invention of Yesterday: A 50,000-Year History of Human Culture, Conflict, and Connection by Tamim Ansary

★★★★☆ 4.6 out of 5

Language : English
File size : 14873 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 449 pages

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This process of invention is essential to our understanding of the past. It allows us to make sense of our experiences, to learn from our mistakes,

and to plan for the future. However, it also has a darker side. Memory can be distorted by trauma, bias, and wishful thinking.

In *The Invention of Yesterday*, Dr. Tammet explores the complex relationship between memory and truth. He argues that memory is not a reliable guide to the past, but rather a subjective and ever-changing narrative. This has profound implications for our understanding of history, justice, and personal identity.

The Invention of Yesterday is a thought-provoking and immersive journey through the nature of time, the power of memory, and the role of imagination in our understanding of the past. It is a must-read for anyone interested in the human mind and the mysteries of memory.

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"A fascinating and thought-provoking exploration of the nature of memory. Dr. Tammet challenges our assumptions about the past and shows us how our memories are constantly being shaped and reshaped." - **Oliver Sacks**

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Daniel Kahneman

About the Author

Dr. Tammet is a world-renowned neuroscientist and psychologist. He is the author of several bestselling books, including *Born on a Blue Day* and *Thinking in Numbers*. He has appeared on numerous television and radio programs, including *The Colbert Report*, *The Today Show*, and *BBC Horizon*.

Dr. Tammet is a Fellow of the Royal Society of Arts and a Visiting Professor at the University of Oxford. He is also the founder of the Tammet Foundation, a non-profit organization that supports research into autism and savant syndrome.

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The Invention *of* Yesterday



A 50,000-YEAR HISTORY
of HUMAN CULTURE,
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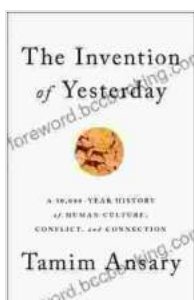
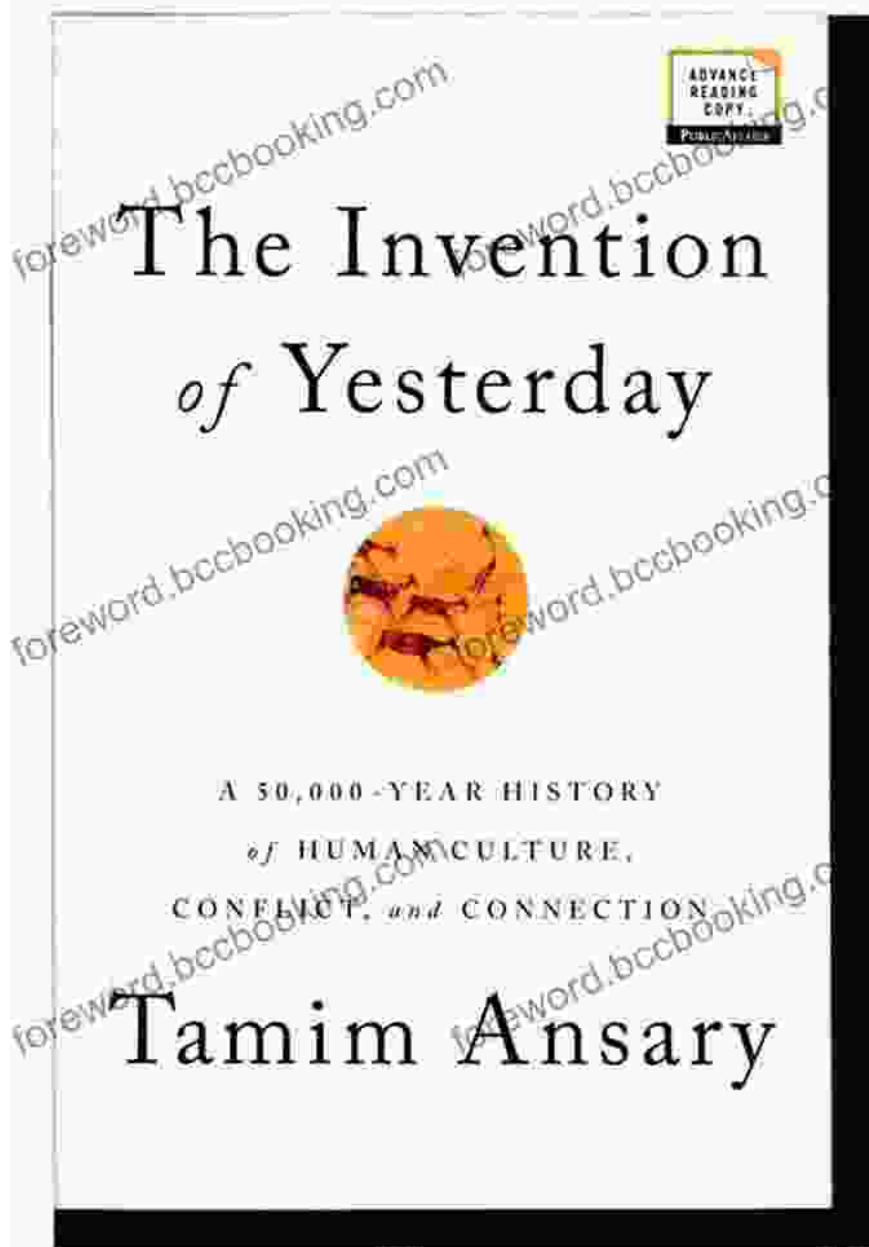
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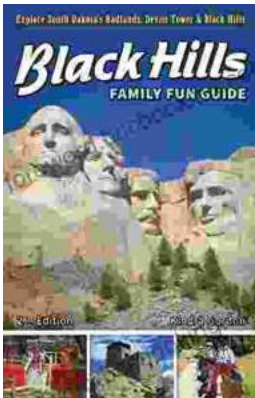


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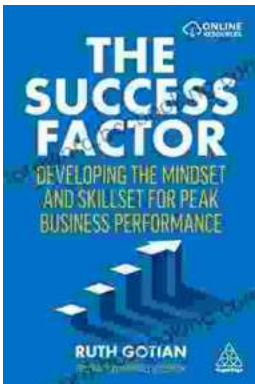
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