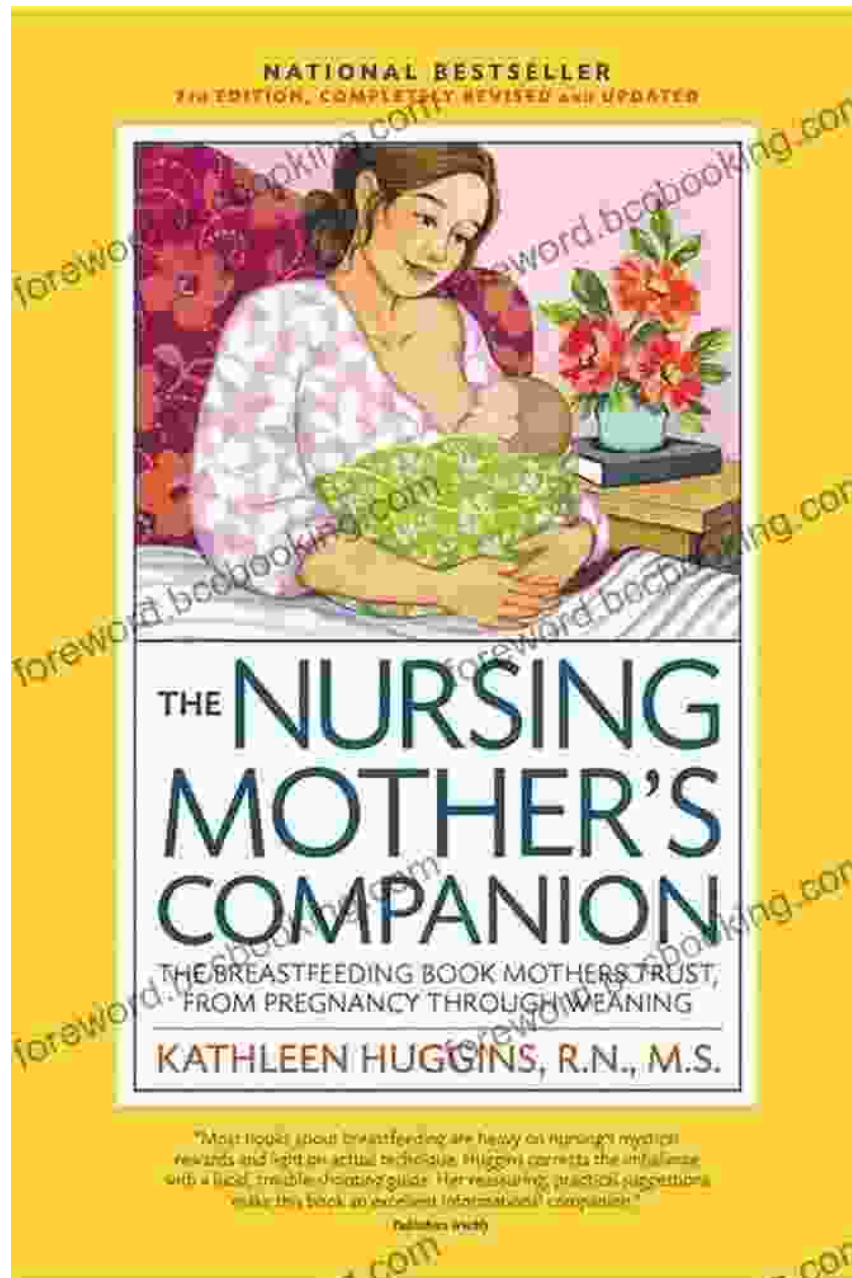


# The Nursing Mother Companion 7th Edition: Your Comprehensive Guide to Breastfeeding

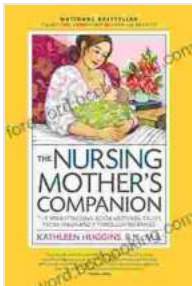


## About the Book

The Nursing Mother Companion 7th Edition is the most comprehensive and up-to-date guide to breastfeeding. Written by renowned lactation consultant

Kathleen Huggins, this book covers everything you need to know about breastfeeding, from the basics to the most challenging situations.

This book is an essential resource for any mother who wants to breastfeed her baby. It provides clear, concise information on all aspects of breastfeeding, including:



## **The Nursing Mother's Companion, 7th Edition, with New Illustrations: The Breastfeeding Book Mothers Trust, from Pregnancy Through Weaning** by Kathleen Huggins

★ ★ ★ ★ ☆ 4.7 out of 5

Language	: English
File size	: 6300 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 448 pages
Screen Reader	: Supported



- The benefits of breastfeeding for both mother and baby
- How to latch on your baby correctly
- How to increase your milk supply
- How to deal with common breastfeeding problems
- How to wean your baby from breastfeeding

### **What's New in the 7th Edition**

The 7th edition of The Nursing Mother Companion has been revised and updated to include the latest information on breastfeeding. Some of the new features include:

- New illustrations and photographs
- Updated information on breastfeeding and the COVID-19 pandemic
- New information on breastfeeding and the use of cannabis
- New information on breastfeeding and the use of herbs and supplements

### **Praise for The Nursing Mother Companion**

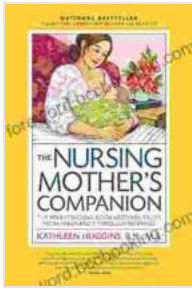
"The Nursing Mother Companion is the most comprehensive and up-to-date guide to breastfeeding. It is an essential resource for any mother who wants to breastfeed her baby." - Dr. Sears, author of The Baby Book

"Kathleen Huggins is a world-renowned expert on breastfeeding. Her book is the most authoritative and comprehensive guide to breastfeeding available." - La Leche League International

### **Free Download Your Copy Today**

The Nursing Mother Companion 7th Edition is available now at all major bookstores. You can also Free Download your copy online at Our Book Library.com.

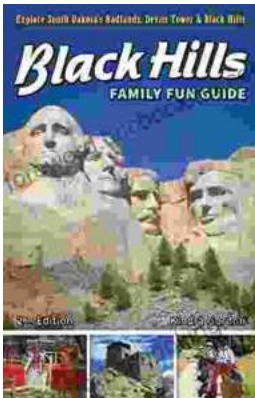
Don't miss out on the most comprehensive and up-to-date guide to breastfeeding. Free Download your copy of The Nursing Mother Companion 7th Edition today!



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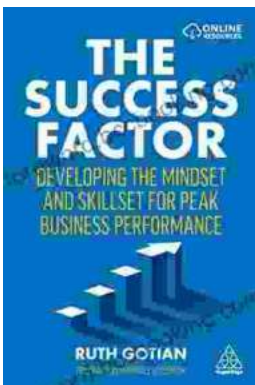
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