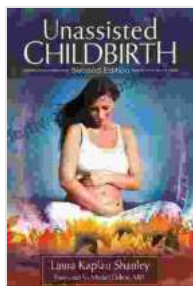


Unassisted Childbirth 2nd Edition: Empowering Women to Give Birth Safely in Their Own Homes



Unassisted Childbirth, 2nd Edition by Robin Dunbar

★★★★☆ 4.2 out of 5

Language : English
File size : 1435 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 185 pages



By Robin Dunbar

Unassisted Childbirth 2nd Edition is a comprehensive and up-to-date guide to unassisted childbirth. With over 30 years of experience in midwifery, Robin Dunbar provides women with the knowledge and skills they need to have a safe and empowering birth at home.

This book covers everything from choosing a birth location and preparing for labor to dealing with complications and postpartum care. Dunbar also provides detailed instructions on how to perform a self-exam, monitor your baby's heart rate, and deliver your baby. Unassisted Childbirth 2nd Edition is an essential resource for any woman who is considering giving birth at home.

What's New in the 2nd Edition?

The 2nd edition of Unassisted Childbirth has been updated to include the latest information on unassisted childbirth, including:

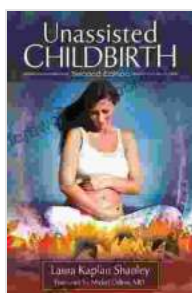
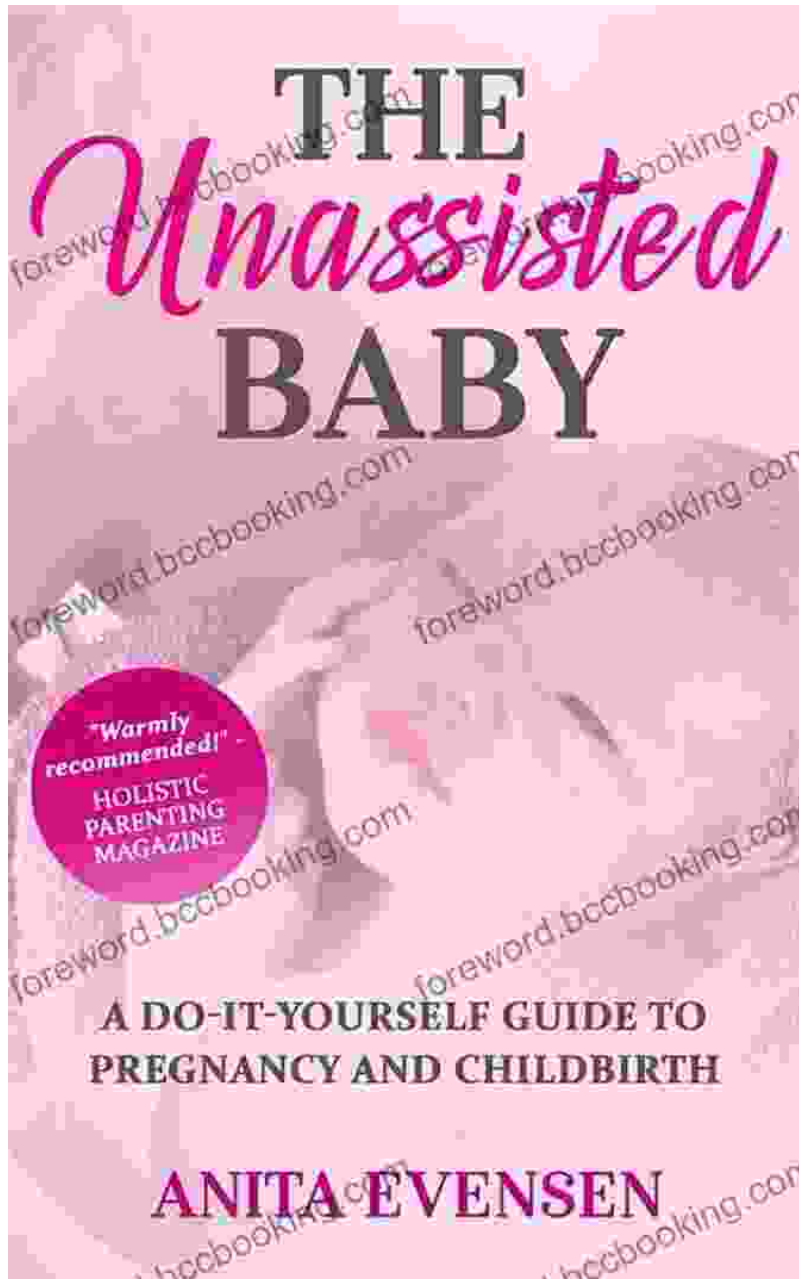
- New research on the safety and effectiveness of unassisted childbirth
- Updated information on birth planning and preparation
- New techniques for dealing with labor pain
- Expanded coverage of postpartum care

Unassisted Childbirth 2nd Edition is the Most Comprehensive Guide to Unassisted Childbirth Available

Unassisted Childbirth 2nd Edition is the most comprehensive guide to unassisted childbirth available. It is packed with information and advice that will help you to have a safe and empowering birth at home. If you are considering giving birth at home, this book is a must-read.

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